

# Woven Wrap Tutorial Cheat Sheet

This cheat sheet is meant to go along with the full woven wrap tutorial found at [BabywearingDIY.com](http://BabywearingDIY.com)  
Please read through the full tutorial before starting. This is not meant as a substitute for the tutorial.  
Scan the QR code in the top corner with a barcode scanner app on your phone or tablet to view full tutorial.



## 1) Pick a safe fabric

Safe fabric passes four rules:

- |                       |   |
|-----------------------|---|
| 1) Fiber Content:     | Natural Fibers (cotton, linen, silk, wool, hemp)                                    |
| 2) Weight:            | Bottomweight (heavy like blue jeans or a heavy tote bag; 185-220gsm or 5-7oz/sq yd) |
| 3) Weave:             | No stretch, clearly visible fibers, tight weave)                                    |
| 4) Care Instructions: | Machine Washable  |

## 2) Buy the right amount

Wrap Size	Finished Length	Approximate length to buy including 20% for shrinkage	
1	79" 2.0m	2.75y	2.5m
2	98" 2.5m	3.5y	3.0m
3	122" 3.1m	4.0y	3.75m
4	146" 3.7m	5.0y	4.5m
5	165" 4.2m	5.5y	5.0m
6	181" 4.6m	6.0y	5.5m
7	205" 5.2m	7.0y	6.25m
8	220" 5.6m	7.5y	6.75m
9	248" 6.3m	8.25y	7.5m

## 3) Scour (if osnaburg)

To an insulated container or large non-aluminum pot full of enough boiling hot water to cover your fabric, add:

- 1) a few tablespoons of sodium carbonate AKA washing soda AKA pH up (not baking soda)
- 2) a generous squirt of Blue Dawn dish soap AKA Fairy AKA Synthropol

Simmer (on stove) or seal and soak (if in a storage tub or cooler) for 1 hour, stirring regularly.

## 5) Wash & Dry

Wash and dry for shrinkage. Ideally, use detergent that:

- 1) Contains no added dyes or fragrances
- 2) Is liquid, not powder
- 3) Contains no fabric softener
- 4) Contains no optical brighteners

## 6) Dye (optional)

Use a fiber reactive, baby safe dye.

## 7) Cut to width

Cut fabric to between 28"-34" wide for a finished, hemmed width of 26"-32" wide.

## 8) Hem

Hem all four edges with a double folded hem.

## 10) Learn to Use it

Scan the QR codes below with a barcode scanner app on your phone or tablet to watch videos of good "first carries"

Base Size  
Front Wrap Cross Carry



Base-1 or Base-2  
Front Wrap Cross Carry  
Tied Under Bum



Base-3  
Semi Front Wrap Cross Carry



Base-5, Base-4  
Traditional Sling Carry

